



## 2013 CROSS COUNTRY SPORT SPECIFIC INFORMATION

### 2013– 2014 CROSS COUNTRY & TRACK COMMITTEE MEMBERS

Dist. A	Mr. Tom Gallagher A.D., Ipswich H.S.  Mr. Philip Sheridan A.D., Peabody Vet. Memorial H.S.	Dist. G	Mr. Vinnie Regan, Principal Hoosac Valley HS (Cheshire)  Ms. Lindsey von Holtz A.D., Mt. Greylock HS (Williamstown)
Dist. B	Ms. Darlene Knight, A.A.D. Boston Public Schools	Dist. H	Mr. Stephen Czarnecki, A.P. Bishop Fenwick H.S. (Peabody)  Mr. James Von Euw, A.D. St. Joseph Prep. HS (Boston) <b>Consultant</b> Mr. John Monz
Dist. C	Mr. Jose Libano, Principal Sharon High School  Mr. Peter Rittenburg, A.D. Brookline High School		<b>Track Coaches' Representatives</b> Mr. Frank Mooney Mr. James Hoar
Dist. D	Ms. Debbie Sarrey, Principal Dighton-Rehoboth Reg HS  Mr. Leonard Sylvia A.D., Greater New Bedford Reg. HS		<b>Game Officials' Representative</b> Mr. Thomas Meagher Mr. Chris Lane
Dist. E	Mrs. Tara Bennett, Principal Uxbridge HS  Mr. Michael McCaffrey, A.D. Groton-Dunstable Reg. H.S.		<b>At Large</b> Mr. Joseph LeMar
Dist. F	Mr. John Goda, A.D. Holyoke Catholic HS  Ms. Gina Johnson, A.D. Pioneer Valley Reg (Northfield)		<b>MASC Representative</b> Mr. Tass Filledes  <b>MASS Representative</b> Dr. Lynne Celli

#### **MIAA Staff Liaison**

Mr. Dick Baker  
Assistant Director

## 2013 CROSS COUNTRY TOURNAMENT

ENTRY REQUIREMENTS & INFORMATION	DATES	TOURNAMENT DIRECTORS																																																																	
<b>Entry Deadline:</b> Date when entry must be posted electronically by the school's Athletic Director. After this date, a late fee of \$30 per individual; \$300 per team/max <b>If school fined for a late fee, this must be paid prior to next MIAA CC/TRK Divisional Meet. Any school not paying the fine is ineligible to participate.</b>	October 30, 2013	<b>East:</b> Michael Meagher  <b>Central/State:</b> Pete McCauliff  <b>West:</b> Tom Stewart  EMass – Order of the races for next 5 years (see page 3):																																																																	
<b>Cut-off Date</b>	October 30, 2013																																																																		
<b>Final Deadline:</b> Date and time after which no entries will be accepted by the Tournament Director	Wednesday, November 6, 2013 12:00 Noon																																																																		
<b>Tournament Date:</b>	Saturday, November 9, 2013 E – Wrentham Developmental Center C - Gardner Municipal Golf Club W - Northfield Recreation Center																																																																		
<b>All State Championship:</b> (2013 to be held in Central) (2014 to be held in East) (2015 to be held in West) All State Meet is held on the 3 <sup>rd</sup> Saturday in November.	Saturday, November 16, 2013 @ Gardner Municipal Golf Club  If a tournament postponement is necessary for any reason, a notice will be posted on the MIAA website: <a href="http://www.miaa.net">www.miaa.net</a> No postponement notice means the meet will be held as scheduled.	<table border="1" style="width: 100%; text-align: center;"> <thead> <tr> <th>'13</th> <th>'14</th> <th>'15</th> <th>'16</th> <th>'17</th> </tr> </thead> <tbody> <tr><td>G-3</td><td>B-4</td><td>B-3</td><td>G-4</td><td>G-3</td></tr> <tr><td>G-2</td><td>B-5</td><td>B-2</td><td>G-5</td><td>G-2</td></tr> <tr><td>G-1</td><td>B-6</td><td>B-1</td><td>G-6</td><td>G-1</td></tr> <tr><td>B-3</td><td>G-4</td><td>G-3</td><td>B-4</td><td>B-3</td></tr> <tr><td>B-2</td><td>G-5</td><td>G-2</td><td>B-5</td><td>B-2</td></tr> <tr><td>B-1</td><td>G-6</td><td>G-2</td><td>B-6</td><td>B-1</td></tr> <tr><td>G-6</td><td>B-1</td><td>B-6</td><td>G-1</td><td>G-6</td></tr> <tr><td>G-5</td><td>B-2</td><td>B-5</td><td>G-2</td><td>G-5</td></tr> <tr><td>G-4</td><td>B-3</td><td>B-4</td><td>G-3</td><td>G-4</td></tr> <tr><td>B-6</td><td>G-1</td><td>G-6</td><td>B-1</td><td>B-6</td></tr> <tr><td>B-5</td><td>G-2</td><td>G-5</td><td>B-2</td><td>B-5</td></tr> <tr><td>B-4</td><td>G-3</td><td>G-4</td><td>B-1</td><td>B-4</td></tr> </tbody> </table>	'13	'14	'15	'16	'17	G-3	B-4	B-3	G-4	G-3	G-2	B-5	B-2	G-5	G-2	G-1	B-6	B-1	G-6	G-1	B-3	G-4	G-3	B-4	B-3	B-2	G-5	G-2	B-5	B-2	B-1	G-6	G-2	B-6	B-1	G-6	B-1	B-6	G-1	G-6	G-5	B-2	B-5	G-2	G-5	G-4	B-3	B-4	G-3	G-4	B-6	G-1	G-6	B-1	B-6	B-5	G-2	G-5	B-2	B-5	B-4	G-3	G-4	B-1	B-4
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The following must be committed:

	DEADLINE:
MIAA Official Entry Blank(Boys & Girls) – <i>Through Direct Athletics</i> –Website: <a href="http://www.directathletics.com">www.directathletics.com</a>	October 30, 2013 – <b>any entry after this date must be through the Tournament Director</b>
Team Sportsmanship Nomination	October 30, 2013

### Direct Athletics Process:

- 1 – Each school must have a user name and password for Cross Country, Indoor Track, and Outdoor Track. You need to set this account up as soon as possible, and must be done by Fri., 10/25 at the latest for all Cross Country Teams. Schools have the option of setting up one account for all three seasons, or separate accounts for each season. Athletic Directors with input from their coaches should make this decision. If you already have a DirectAthletics account for your team/school, you do not need to create a new one.
- 2 – Contact information: The coach must be listed as the contact. Each tournament director will have access to this information. Please do not list the school Athletic Assistant or Secretary, as this will delay the process when an issue arises or last minute information is needed. Information should include current e-mail and phone number(s), the number should be accessible, since most meets occur on weekends.
- 3 – Rosters need to be updated as the season goes along, this will make the entry process go smoother at the deadline time.
- 4 – Once your entries are completed you must print out a copy of your entries and check for accuracy. You will make updates and be able to edit changes up to the deadline. After the deadline there is still the MIAA late entry fee process that is listed in the MIAA Cross Country Format (\$30/athlete). Entry deadline is Wed., October 30, 2013 for Cross Country. After this date, any late entries must be done with the Tournament Director.
- 5 – Cross Country – Each school only has to enter maximum of 10 names (you can enter less); you do not have to declare which 7 will run.

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## NO MOUNTAIN BIKES ARE ALLOWED AT ANY OF THE FACILITIES.

1. Races will be set up as follows:

### **E. MASS – The Order of the Races**

9:00 a.m. Girls' Division 3	10:45 a.m. Boys' Division 2	1:05 p.m. Girls' Division 4
9:25 a.m. Girls' Division 2	11:10 p.m. Boys' Division 1	1:35 p.m. Boys' Division 6
9:50 a.m. Girls' Division 1	12:15 p.m. Girls' Division 6	2:00 p.m. Boys' Division 5
10:20 a.m. Boys' Division 3	12:40 p.m. Girls' Division 5	2:25 p.m. Boys' Division 4

### **C. MASS – The Order of the Races (2014 – G2,1, B2,1: 2015 B1,2, G1,2: 2016 B2,1, G2,1)**

10:00 a.m. Girls' Division 1	11:00 a.m. Boys' Division 1
10:30 a.m. Girls' Division 2	11:30 a.m. Boys' Division 2
Runners may go over the course <b>only on Thursday, November 7<sup>th</sup></b> after 2:00 p.m. or on the day of race. Please keep off the greens.	

### **W. MASS – The Order of the Races (2014 – G1, 2, B1, 2)**

12:30 p.m. Girls' Division 2	1:50 p.m. Boys' Division 2
1:10 p.m. Girls' Division 1	2:30 p.m. Boys' Division 1
Runners may go over course any time during the week or weekend. Please first report to the complex.	

2. Each school may list ten (10) boys/girls, seven (7) of whom will be allowed to compete. The first five (5) boys/girls to finish will score for their schools. Five (5) boys/girls must leave starting box and finish for a team to score.
3. **Divisional Placement** - See MIAA Fall Tournament Alignments for 2013-14 through 2016-17.
4. Athletes should come dressed in proper school uniform, (school colors - jersey and shorts) ready to compete. The Uniform Rule will be strictly enforced. In case of inclement weather the Tournament Director MAY modify the Uniform Rule but "solid color" for all clothing worn in addition to the school issued uniform will be required.
5. **Entries:** ALL ENTRIES WILL BE DONE VIA DIRECT ATHLETICS. Entries must be received by the Tournament Director by OCTOBER 30, 2013. **Any entries received after this date will be considered a late entry and there will be a fee of \$30.00 per individual; \$300.00 per team/maximum, and must be entered with Tournament Director.**
- FINAL DEADLINE: Absolutely no entries will be accepted after: 11/6/13 at Noon.**
6. Numbers should be distributed only to the seven (7) actually competing. All numbers should be pinned securely on the front of the jersey. The tear-off tags should not be pinned.
7. A plaque and certificates will be presented to each Team Champion and Team Runner-Up. Medals will be awarded to the first fifteen- (15) finishers in each race.
8. All teams must have adult representation in control of participants at all times. Such representation must be an employee or designated representative of the school district.
9. The meet shall be run under the rules of the National Federation Track and Field Rule Book except as modified by the MIAA.
10. **Finality of Decisions** - The referee's decision in all matters shall be final and without appeal except in those meets for which a Jury of Appeals has been established for that special purpose. The Jury of Appeals then will have the final authority. In order to have an appeal processed a coach must submit the appeal in writing to the referee within thirty (30) minutes after the results are announced.
11. **Medical Coverage** – A licensed athletic trainer, physician, physician's assistant, certified EMT, or nurse practitioner will be available at all MIAA Divisional and State Cross Country Meets. The MIAA will compensate for this coverage at these sites.
12. **Awards Ceremonies** –In the East the awards ceremonies will begin at approximately 10:30 and continue (once the results have been verified) in the same order as the races were run. In Central, West and All-State, will be done at conclusion of final race.
13. **All State Meet** – Teams qualifying will be posted on MIAA website. If you are listed you are in, no further information will be sent.
14. Ties in team scoring shall be resolved by comparing the sixth-place finishers from the tying teams. The team with the best sixth-place finisher shall prevail. If one team does not have a sixth-place finisher, the team with the sixth-place finisher shall prevail.

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**NOTES ON STATE CHAMPIONSHIP –  
TO BE HELD AT GARDNER MUNICIPAL GOLF CLUB ON SATURDAY, NOVEMBER 16, 2013**

**NO MOUNTAIN BIKES & NO DOGS ARE ALLOWED.**

Two Divisions of Boys (Large - Division I), (Small - Division II)  
Two Divisions of Girls (Large - Division I), (Small - Division II)  
In each division - 19 teams and 50 individuals will compete.

**State Meet Qualifications:**

**Eastern MA: Boys and Girls - (Div. I - Large Schools)**

Top four (4) teams from Division 1, 2 & 3 sectional  
Top ten (10) individuals from Division 1, 2 & 3 - not on one of the qualifying teams  
One - 5<sup>th</sup> place team with best time from Division 1, 2 or 3 – (Wildcard)

**Eastern MA: Boys and Girls (Div. II - Small Schools)**

Top four (4) teams from Division 4, 5 & 6 sectional  
Top ten (10) individuals from Division 4, 5 & 6 not on one of the qualifying teams  
One - 5<sup>th</sup> place team with best time from Division 4, 5 or 6 – (Wildcard)

**Central & Western MA: Boys and Girls**

Top three (3) teams from Div. I sectional and top ten (10) individuals not on those teams  
qualify for the Division I (Large School) State Championship Title.

Top three (3) teams from Division II sectional and top ten (10) individuals not on those teams  
qualify for the Division II (Small School) State Championship Title.

1. The races will be held on Saturday, November 16, 2013

2. **Starting Times:**

Boys' Division 2 – 11:00 a.m.      Girls' Division 2 – 12:20 p.m.  
Boys' Division 1 – 11:40 a.m.      Girls' Division 1 – 1:00 p.m.  
(2014 - B1,2 G1,2: 2015 - G2,1 B2,1: 2016 – G1,2 B1,2)

**Awards Ceremony Approximately 1:45 P.M. at the conclusion of races**

3. A plaque and medals will be presented to the winning Team Champion and Team Finalist in each division.  
Medals will be awarded to the first fifteen- (15) finishers in each race.

***Responsibility of Participating Schools - All schools are responsible before, during and after a contest for the proper conduct of their coaches, students and spectators and, when requested, a school must complete a report regarding the contest in which a problem occurred.***

**TOURNAMENT DIRECTORS:**

**East:**  
Michael Meagher

**Central/State:**  
Pete McCauliff

**West:**  
Tom Stewart

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**The Twelfth Annual  
Ted Dutkiewicz Team Cross Country Sportsmanship Award**

*co-sponsored by the Massachusetts Interscholastic Athletic Association  
and the Massachusetts State Track Coaches Association.*

This award is to be presented to the high school cross-country program in each division (boys & girls) that exemplifies the sportsmanship qualities of the late Ted Dutkiewicz, former cross country and track coach at Springfield Central High School. Mr. Dutkiewicz was an active member of the M.S.T.C.A. executive board and was the MIAA Western Mass Cross-Country meet director.

One of his great desires was seeing that high school cross-country was conducted in a fair and equitable manner with sportsmanship the goal that all athletes and coaches should keep foremost in their minds.

Kindly consider celebrating your cross-country team's successes by promoting this prestigious sportsmanship award. Please assist in directing this communication to your varsity cross-country coach.

The presentations of these awards will be made to the most outstanding sportsmanship programs at the MIAA sponsored Divisional Championship Meets:

East Boys: Div. 1-6	Central Boys: Div. 1, 2	West Boys: Div. 1, 2
East Girls: Div. 1-6	Central Girls: Div. 1, 2	West Girls: Div. 1, 2

School \_\_\_\_\_

Section: E C W Division: 1 2 3 4 5 6 Gender: Boys' Girls' (***must circle section, division & gender***)

City/Town: \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

Principal \_\_\_\_\_ School Phone \_\_\_\_\_

Athletic Director \_\_\_\_\_ AD Phone & email \_\_\_\_\_

Coach \_\_\_\_\_ Coach Email \_\_\_\_\_

Captain(s) Name(s) \_\_\_\_\_

*Please describe why you think this team should be considered for this prestigious award. List specific examples of acts of sportsmanship or community service that might help the committee with its selection.*

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Athletic Director's Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Coach's Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

Mail to: **Kristen Hoar, 12 Acorn Ct., Malden, MA 02148**

Please feel free to attach any further data to this application.

***Nominations must be received by October 30<sup>th</sup>***